

OUTDOOR ESCAPE



Book via: **Amanzi Trails**
RIVER ADVENTURES

Orange river Hike Guideline Packlist

Getting the right gear can make a big difference in your experience.
Contact us or visit us in-store for assistance.



Footwear

- ☐ Trail Shoes
- ☐ Aqua Shoes/Sandals



Bags

- ☐ Heavy Duty Black Bags x6
- ☐ Survival Bag
- ☐ Dry Bag 30L/Sac Liner
- ☐ Zip lock bags for socks
- ☐ Zip Lok Bags/Organizer Bags



Hydration

- ☐ Tritan water bottle 500ml/1L
- ☐ Electrolytes
- ☐ Aqua Salvea Water Dis.
- ☐ Drinking water (can be purchase at base camp)



Cooking & Food

- ☐ Energy Bars/Snacks
- ☐ Cutlery Kit
- ☐ Bowl/Plate
- ☐ BPA Free Mug



Equipment & Other

- ☐ Headlamp 250 Lum est.
- ☐ Pocket Knife
- ☐ Old Beach Umbrella (important during summer)
- ☐ Small Tent / Groundsheet
- ☐ Polarized Sunglasses with ties
- ☐ Acc. Cord/Rope
- ☐ Fishing Gear - Optional
- ☐ Fold-up chairs - Optional
- ☐ Camera - Optional



Clothing

- ☐ Socks x3
- ☐ Active T-Shirts x2
- ☐ Active Shorts x2
- ☐ Swimming Costume
- ☐ Waterproof Jacket/Rucsac Poncho/Windbreaker
- ☐ Technical Hiking Shirts/Long Sleeve Active Tees x1
- ☐ Warm Long Pants
- ☐ Fleece/Warm Top
- ☐ Underwear
- ☐ Broadrim Hat/Cap
- ☐ Buff



Sleeping Gear

- ☐ Compact Sleeping Bag
- ☐ Self-inflating Pillow
- ☐ Self-inflating Mattress



Personal Gear

- ☐ Biodegradable Body Soap 89ml min.
- ☐ Biodegradable Shampoo 89ml min.
- ☐ Sunscreen SPF40+ (water-resistant)
- ☐ After-sun Cream
- ☐ Lip Ice SPF
- ☐ Toilet Paper (2 rolls)
- ☐ General Plasters
- ☐ Blister Plasters/Footcare Kit
- ☐ Insect Repellent
- ☐ General Medication/Medi-Kit
- ☐ Quick Dry Towel - Large/Sarong